

# ICE CUTTING-What to Bring

*YOU WILL BE OUTSIDE ALL DAY ON SATURDAY.  
BE PREPARED FOR VERY COLD & POSSIBLY WET WEATHER.*

***It is important to bring ALL of these items:***

- Waterproof jacket and snow pants.
- Warm clothing; jacket, sweaters, turtlenecks, etc. Several layers are better than one bulky jacket. Wool, polyester and fleece are excellent for cold or wet weather. **Avoid cotton; when wet, it sucks heat from your body.**
- Long underwear, and wool or fleece pants.
- Several pairs of wool socks.
- **Extra pants and wool socks** (to bring to FC on Saturday).
- Warm hat that covers your ears
- Gloves or mittens(preferably waterproof). 2 pairs if you have them.
- Scarf, neck warmer, or face mask.
- Insulated boots that are adequate for **deep snow and wet conditions**. Preferable waterproof!
- Slippers or other warm footwear to wear inside.
- A change of clothes for inside.
- A backpack to hold extra warm clothing.
- Bedding: sleeping bag, or linens and blanket, and pillow.
- Water bottle.
- Flashlight.
- Towel and toiletry articles.

***Optional Equipment:*** skis, snowshoes, camera, skates, sleds, musical instruments, games...

## **What not to bring to Farm and Wilderness Events:**

- Pets of any kind
- Electronic devices ( i-pods, stereos etc)

If there are any questions, please call Melanie at 802-422-2037 or email [melanie@farmandwilderness.org](mailto:melanie@farmandwilderness.org)