



FARM & WILDERNESS  
401 Farm & Wilderness  
Rd Plymouth, VT 05056  
(802) 422-3761

**THIS FORM SHOULD BE COMPLETED AND SIGNED BY THE CAMPER'S PRIMARY CARE PROVIDER AND RETURNED TO CAMP AHEAD OF THE CAMPER'S ARRIVAL.**

**PHYSICAL EXAM FORM**

Camper Name \_\_\_\_\_ Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Name of camper's Primary Care Provider \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Clinic Address \_\_\_\_\_  
Street Address City State Zip

Date of most recent physical exam \_\_\_\_/\_\_\_\_/\_\_\_\_

Weight \_\_\_\_\_ Height \_\_\_\_\_ Blood Pressure \_\_\_\_/\_\_\_\_/\_\_\_\_ Date of last Tetanus Shot \_\_\_\_\_

**ALLERGIES**

Does the camper have any known allergies?  No  Yes *Please describe allergy, reaction, and treatment*

\_\_\_\_\_  
 \_\_\_\_\_

**HEALTH CONDITIONS**

Is the camper being treated or followed for any medical or mental health condition(s)?  No  Yes *Please explain*

\_\_\_\_\_  
 \_\_\_\_\_

**MEDICATIONS**

Should the camper continue any medications while at camp?  No  Yes *Name, dose, route, timing, duration*

\_\_\_\_\_  
 \_\_\_\_\_

**ACTIVITY RESTRICTIONS**

Should the camper have any limitations or adaptations in activity while at camp?  No  Yes *Please describe*

\_\_\_\_\_  
 \_\_\_\_\_

**IMMUNIZATIONS**

*Please fill out the following immunization record, or attach a copy of immunization record*

Immunization	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Tetanus (DTap, TDaP)	____/____	____/____	____/____	____/____	____/____
Tetanus Booster (Td)	____/____				
MMR	____/____	____/____			
Hepatitis A	____/____	____/____			
Hepatitis B	____/____	____/____			
HIB	____/____	____/____	____/____	____/____	
Polio (IPV)	____/____	____/____	____/____	____/____	
Meningitis (Menactra)	____/____	____/____			
Chicken Pox (Varicella)	____/____	____/____	If had disease, check box <input type="checkbox"/>		
Influenza	____/____	____/____			
TB Test (Mantoux skin)	____/____	Result: <input type="checkbox"/> Neg <input type="checkbox"/> Pos			

**Immunization exemption**

Please check box if the camper has not received childhood immunizations for religious/personal/medical reasons.

**SIGNATURE OF LICENSED PRIMARY CARE PROVIDER** \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_